

The protohistoric castle of Monte Orve and the Roman city of Plestia are among the most important archaeological sites in the entire region. The most significant finds are kept in the **Archaeological Museum of Colfiorito (MAC)**.

The visit to the Park will be an opportunity for discovery, a unique experience and, to make it such, we invite you, during the visit, to follow the simple principles of good manners and common sense, respecting the nature that surrounds you in this pristine corner of territory.

Enjoy your visit!



Colfiorito Regional Park Municipality of Foligno

USEFUL INFORMATION

Municipality of Foligno
Colfiorito Park Service

OPERATING OFFICE

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WEBSITE

www.comune.foligno.pg.it/pagine/parchi-del-comprensorio
Space on the Federparchi website: www.parks.it/parco.colfiorito

  @visit.foligno

Download the app
Divina Foligno



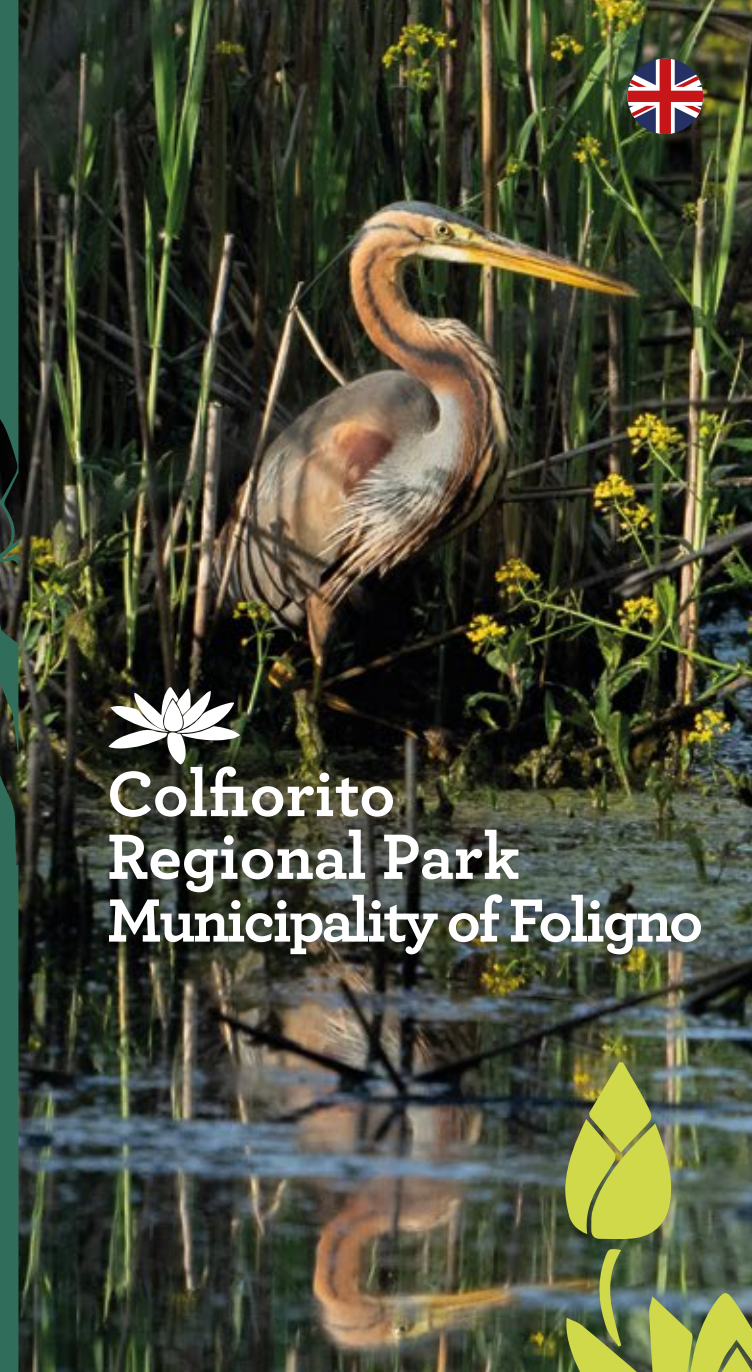
Municipality of
Foligno website



Federparchi
website



Colfiorito Regional Park Municipality of Foligno



COMUNE DI FOLIGNO



Umbria

sistema parchi



Colfiorito Park:

an authentic treasure chest of biodiversity where ancient harmony between agricultural activities and the natural environment reveal a territory characterized by wide plateaus and gentle undulations in which wetlands, woods, pastures and cultivated fields alternate. The Piani di Colfiorito (or Altopiani Plestini) consist of seven karst basins, occupied in ancient times by ancient lakes that dried up naturally or reclaimed by man.

The **Colfiorito's Swamp** is currently the only area of the highlands where the water remains all year round, a reference point for a large number of birds, which build their nests, reproduce and feed among the reeds. For this reason, in 1995 the Umbria Region decided to protect it with the establishment of a regional park, it is also included in the Ramsar Convention which underlines its international importance for the naturalistic aspects, it is also identified as a **Special Conservation Area (ZSC)** as well as a **Special Protection Area (SPA)** by the European Community due to the conservation importance of the bird community present.

In addition to the marsh, the park includes Monte Orve and a stretch of the Colfiorito plateau. It is very popular with nature photography and birdwatching enthusiasts, it is also possible to practice trekking and mountain biking on the numerous paths present.



Points of interest

- Naturalistic Museum and info-point – Park headquarters (you are here)
 - Camper parking area, located 100 m. from the infopoint
 - Accessible pedestrian path, 800 m long, which runs along part of the marsh
 - Observatory local. Molinaccio. It offers a view of the swamp and the classic sinkhole. Point of arrival of the pedestrian path and parking (6 spaces)
 - Fonte Fontaccia. Stop point for picnics
 - Naturalistic observatory, located in the center of the western bank, intended for bird watching
 - Ringing station, on the southern side of the marsh
 - Castelliere di Monte Orve, archaeological emergency
 - Colfiorito pine forest
 - Casette di Cupigliolo
 - Fork
 - Pratarelle Green Area with games for children and a small fountain.
- Excursion paths: Itinerary of the Marsh Km. 5.7 (marked on the map n. 305); Castelliere itinerary Km. 4 (308); Monte itinerary Km. 11 (381-311).



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